## The Mystery of Karma

2019

an online experience iogadīp®

## A UNIQUE EXPLORATION



How does karma work? How does it shape my destiny and how can I change my destiny? What lies beyond this life? What happens during death? How can I best prepare for it? How can I overcome my fear? How can I help others to make the transition?

These are some of the questions that the workshop will address, drawing from the wisdom of ancient texts such as the Katha Upanishad and others. Immensely relevant, meaningful and practical, the Mystery of Karma & the Journey of the Soul workshop will provide not only knowledge, but also practices and strategies to understand the underlying forces that create our destiny, to shape our destiny, to deal with the inevitable process of life and death, helping us and others to put our life in perspective, make the transition smoothly and address unsolved issues in our lives.

Join us for this insightful exploration.

## AT A GLANCE:

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- Based on traditional sources of Yoga, as well as contemporary research sources
- ✤ 5 live online sessions, 1.5 hr each
- Sessions will be held live 7 8:30
  AM, Pacific Time and can also be accessed through recording
- Dates: December 9 13, 2019
- All course materials will be provided in the form of a course reader

## REGISTRATIO DETAILS:



- Minimum participants required: 15.
  Please, help us spread the word
- Each session will include brief reading assignments
- For questions, please write to registration@pomeda.com
- To register, simply send contact information to registration@pomeda.com. Please, include the following: Full name, address and email address at which you wish to be contacted during the course
- Tuition cost, including course materials: US\$175. Payment can be processed securely by credit card

